



# Knots or Not

Q4CL (Quilts for Care Leavers)



This pattern was originally shared with us by Q4CL (Quilts for Care Leavers) and reproduced by permission. To find out more about Q4CL visit [www.q4cl.org.uk](http://www.q4cl.org.uk)

## **Fabrics requirements:**

### **Per Block:**

#### **From each of the bright fabrics cut:**

One piece  $2\frac{1}{2}''$  x  $2\frac{1}{2}''$

One piece  $4\frac{1}{2}''$  x  $2\frac{1}{2}''$

One piece  $6\frac{1}{2}''$  x  $2\frac{1}{2}''$

#### **From the background fabric cut:**

Four pieces  $2\frac{1}{2}''$  x  $2\frac{1}{2}''$

Four pieces  $4\frac{1}{2}''$  x  $2\frac{1}{2}''$

1. Sew each of the coloured  $2\frac{1}{2}''$  squares to a background  $2\frac{1}{2}''$  square. Press to the dark side. The resulting pieces should measure  $4\frac{1}{2}''$  x  $2\frac{1}{2}''$



2. Sew each of the coloured  $4\frac{1}{2} \times 2\frac{1}{2}$ " pieces to a background  $4\frac{1}{2}$ "  $\times$   $2\frac{1}{2}$ " piece. Press to the dark side. The resulting pieces should measure  $4\frac{1}{2}$ "  $\times$   $4\frac{1}{2}$ "



3. For each of the colours, sew the  $4\frac{1}{2} \times 2\frac{1}{2}$ " rectangle from step 1 to the  $4\frac{1}{2}$ " square from step 2, taking care to orient each piece correctly. Check with the picture below before sewing. Press. The resulting piece should measure  $6\frac{1}{2}$ "  $\times$   $4\frac{1}{2}$ "



4. Lay the pieces out so that they look like the block adding in the longer  $2\frac{1}{2}$ "  $\times$   $6\frac{1}{2}$ " in the relevant place; the block is easy to sew as a simple 4 patch – but the colours are counterintuitive!



This makes a 12" finished square. Make as many as you want for the size of quilt you are planning.



# Nana May V (20 strip roll) Quilt

(using Knots for Nots pattern from Q4CL)



## Fabric requirements:

20 strip jelly roll

1m Moda grunge Sugar cookies fabric for the background

## Workshop notes:

- Make 9 *Knot or not* blocks using the jelly roll and moda grunge fabrics
- Add sashing cut at 2.5" from the background fabric and 4 cornerstones also cut at 2.5" from the jelly roll fabric to create the centre of the quilt.
- Then add 1<sup>st</sup> border, also cut at 2.5" from the background fabric with 4 corners from the jelly roll fabrics
- Then add piano keys above and below cut from the jelly roll fabrics – 2½" by 5" and you will need 13 for each end and the sample has a piano key of the background fabric on each end

Layer, quilt and bind!

Layout designed by Valerie Nesbitt 2022





# African Beauty Quilt

(using Knots for Nots pattern from Q4CL)



Fabric requirements:

Knots - 6 different fabrics (we used Kenya) – cut 3 strips @ 2.5” of each fabric

Background – we used extra wide Daydreams range – 1/2m for sashing and blocks

- Make 9 *Knot or not* blocks using the jelly roll and moda grunge fabrics
- Add sashing cut at 2.5” from the background fabric and 4 cornerstones also cut at 2.5” from the Kenya fabric to create the centre of the quilt.
- Add black dimples strip above and below - cut at 2”
- Add African stripe fabric above and below, this top and bottom strip is Fussy cut from 1.15m piece of fabric that has been cut vertically down the fold of the bolt

Layer, quilt and bind!

Layout designed by Valerie Nesbitt 2022